



Waxing

1/2 Leg	30 mins	£24
Full Leg	45 mins	£30
Bikini	30 mins	£24
Eyebrow	15 mins	£15
Underarm	15 mins	£15
Lip or Chin	15 mins	£15
Lip and Chin	15 mins	£20
1/2 Arm	30 mins	£24
Full Arm	30 mins	£24
Back/Chest	30 mins	£30



Recover yourself ... At ESPRIT

Our professional massage therapists will provide you with an unforgettable rejuvenating experience through the miracle of various massages that will give you a sense of beauty, harmony and self-confidence.

MASSAGES

FULL BODY MASSAGE **50 min** **£75**

A complete massage of the whole body relaxes all muscles, improves blood and lymph circulation, stimulates metabolic processes, and gives your energy level a boost.

REJUVENATING MASSAGE **50 min** **£75**

This full body massage uses relaxing and stimulating movements to relieve tension, improve circulation and remove toxins from the body. .

BACK NECK & SHOULDER MASSAGE **25 min** **£49**

A totally relaxing and de-stressing treatment for your back, neck & shoulders.

DOUBLE INDULGENCE **50 min** **£165**

A treatment where both guests can relax and de-stress at the same time with a shared room massage.

INDIAN HEAD MASSAGE **25 min** **£45**

A gentle massage to the upper back, shoulders, arms, neck, scalp and face, helps to dispel stress, relieve tension and promote healthy hair and scalp.

FOOT & LEG MASSAGE **25 min** **£45**

This is the perfect massage for the end of the day. It will release those tired aches and pains.

THERMAL STONES FULL BODY MASSAGE **50 min** **£84**

Heated black basalt stones are used to massage the whole body, releasing deep seated tension. This treatment is ideal for anyone suffering with muscular aches and pains.

PREGNANCY MASSAGE **50 min** **£90**

Our expert therapists use gentle, tailored techniques to soothe aches, reduce stress, and enhance your overall well-being, all while ensuring the utmost comfort and safety. Treat yourself to the perfect blend of care and relaxation—because you and your baby deserve it

BODY THERAPY

EXPRESS REJUVENATING TREATMENT **50 min** **£75**

(25 min thermal stone massage and 25 min facial) Maximum results in minimum time.

Experience the luxurious hot and cold sensations of this massage and then be treated to anti-ageing facial, designed to smooth and restore youthful radiance.

ANTI-STRESS BACK THERAPY **50 min** **£69**

Designed to release tension, combat tight muscles, rebalance your energy levels and reactivate your senses.

THERAPEUTIC SCALP TREATMENT **50 min** **£69**

A relaxing and deeply healing scalp treatment to soothe away stress and tension.

FACE DRAINAGE **50 min** **£69**

Using massage and lymphatic drainage techniques the neck, shoulders, face and scalp are massaged to restore circulation, firm and detoxify your body.

Esprit Spa Day

Includes: use of facilities: 19m indoor Pool, Life Fitness Gym, Sauna & Steam Room, any 50 minute Spa Treatment, a choice of Afternoon Tea with a glass of chilled Prosecco or 2 Course Lunch in the stylish 2 AA Rosette Caprice Restaurant, complimentary towel & bathrobe

For only £109 p/p

MONU TREATMENTS

ACTIVE COLLAGEN FACIAL

50 min

£75

This facial been designed to reduce the signs of aging using freeze-dried collagen. This is an intensive collagen treatment that will improve the skin's ability to retain moisture. After just one treatment, the skin's ability to hold moisture is improved by up to the 75%. After 6 treatments wrinkle depth can be reduced by up to 40%.

AROMATIC FACIAL

50 min

£75

A soothing, beneficial treatment that is suitable for all skin types.

All products contain pure essential oils that been carefully selected to help balance the skin and maintain its youthful appearance.

BODY EXFOLIATION

BODY FOLIATION THERAPY

50 min

£75

Give your body the customized exfoliation it needs, coupled with the warming sensation it craves!

A gentle Oatmeal and Rice Bran powder activates to create a gentle yet effective exfoliant that Whisks away dead skin cells, brightens skin and helps reduce the appearance of sun spots and hyper pigmentation.

FACIALS

MINI FACIAL

25 min

£49

This treatment will give you a sense of inner calm & well-being. After a cleansing ritual to your whole face, including a gentle exfoliation, you will experience the divine facial and eye massage.

SKIN SPECIFIC FACIAL

50 min

£75

This facial allows the therapist to choose the most appropriate products for your skin's needs.

EXPRESS RADIANCE

50 min

£75

The power of radiance ice cubes when applied over the eyes will instantly revive, lift & firm the skin. It is a completely indulgent and truly divine experience, leaves your complexion visibly brightened & glowing.

HAND AND FEET

EXPRESS MANICURE

25 min

£40

Cuticles are softened with oils & creams, nails are shaped, tidied & a perfect clear lasting polish is applied.

EXPRESS PEDICURE

25 min

£40

Cuticles are softened with oils & creams, nails are shaped, tidied & a perfect clear lasting polish is applied.

LUXURY MANICURE

50 min

£70

The hand exfoliation, mask and hydration leaves hands feeling firmer, smoother & softer. Your hands will be massaged, cuticles are cared for with oils and creams, the nail shape is perfected & treatment basecoats & colours are applied for a perfect finish.

LUXURY PEDICURE

50 min

£70

The feet exfoliation, mask & hydration leaves feet feeling firmer and smoother. Feet & scalp will be massaged, cuticles are cared for with oils and creams, the nail shape is perfected & treatment basecoats & colours are applied for a perfect finish.

RELAXING FOOT TREATMENT

25 min

£40

Exfoliation and hydration replenishes and softens feet, lavishing a rich and healing action on your skin. Feet and scalp massage soothe away tension, warmed oils nourish and condition feet and nails.

RELAXING HAND TREATMENT

25 min

£40

Exfoliation, mask and hydration replenishes and softens hands, lavishing a rich and healing action on your skin. Hand and scalp massage soothe away tension, warmed oils nourish and condition hands and nails.